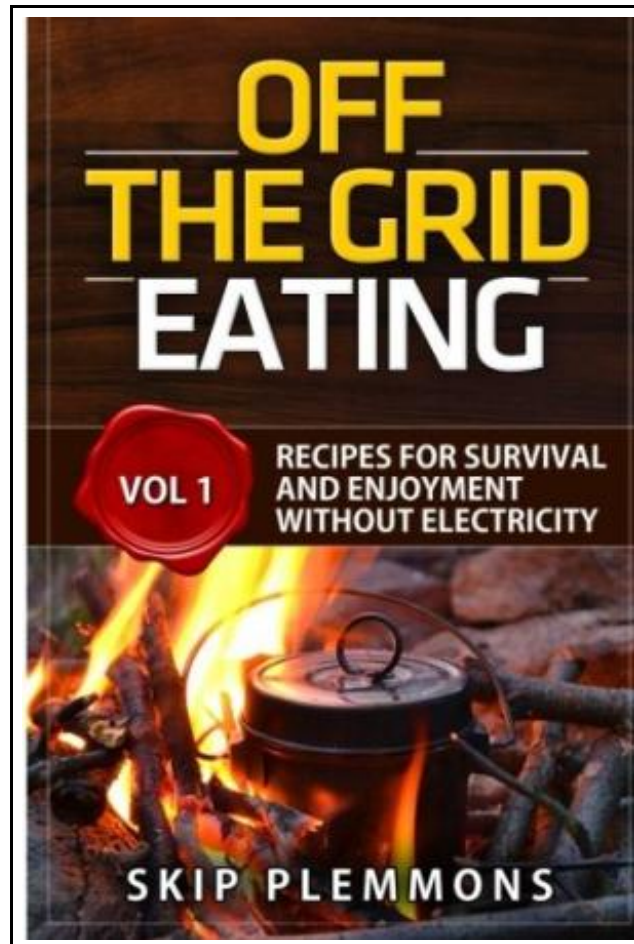


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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.FREE Going Off the Grid Quick Start Guide with the purchase of this book! Whether you re a prepper, a survivalist, a camping enthusiast, a fugitive, (okay, hopefully you re not a fugitive) or simply looking to get off the grid, you ll need food. Make it good! What are the benefits to living off the grid? The joy of living in the present moment without the craziness and ridiculousness of modern living where many aspects of life are often dictated to you or at best, manipulated. Being that it is such a joy to live freely, preparing food is a big part of that. In this series, you will learn various creative methods of preparing food you have bought, hunted, gathered or grown. Skip Plemmons enjoyed the freedom of off grid living in an Arizona desert yurt for a couple of years when he wasn t vagabonding all over the country in his youth. He currently practices self sufficiency on his small farm in North Georgia. These recipes, along with your free Quick Start Guide at will give you all the tools you need for a life of independent, self sufficient living, and eating well while doing it. In this book you will learn how to prepare at an expert level: Hoe Cakes Flour Tortillas Biscuits Easy, No Knead Bread English Muffins Plantains, Potato and Onion Omelet Hash and Eggs Chicken in a Pot Venison Broccoli and Apple Stir Fry Rattlesnake Rice Tex-Mex Stuffed Peppers Grilled Quail with Cilantro, Mango and Peach Salsa Squirrel Stew Chicken Fricassee and Carrot Dumplings Mutton Ragout Potato Pepper Packets Slow and Steady Collard Greens Red Cabbage, Apples and Onions Bean and...



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