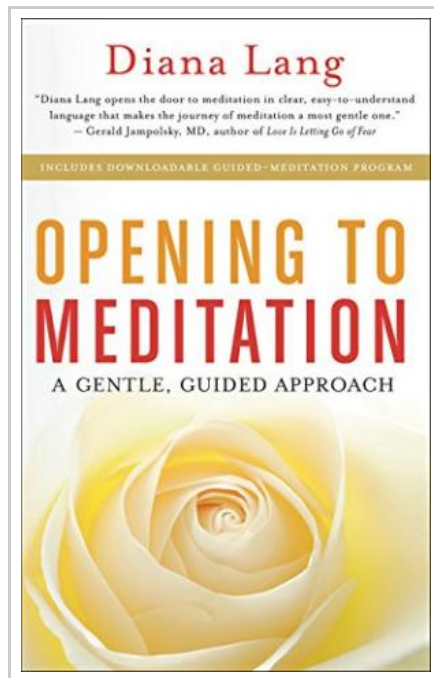




Opening to Meditation: A Gentle, Guided Approach

By Diana Lang

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