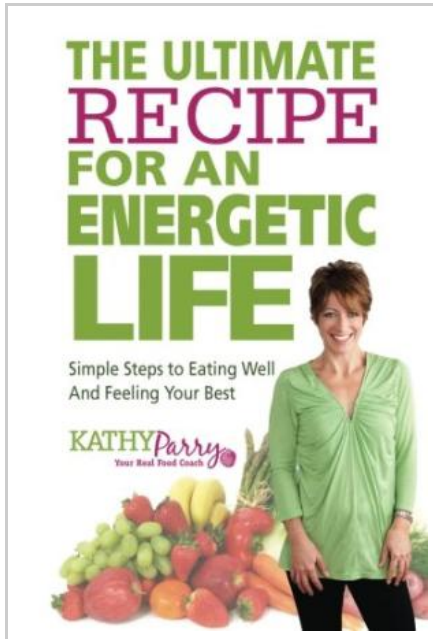




The Ultimate Recipe for an Energetic Life: Simple Steps to Eating Well and Feeling Your Best

By Kathy Parry

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