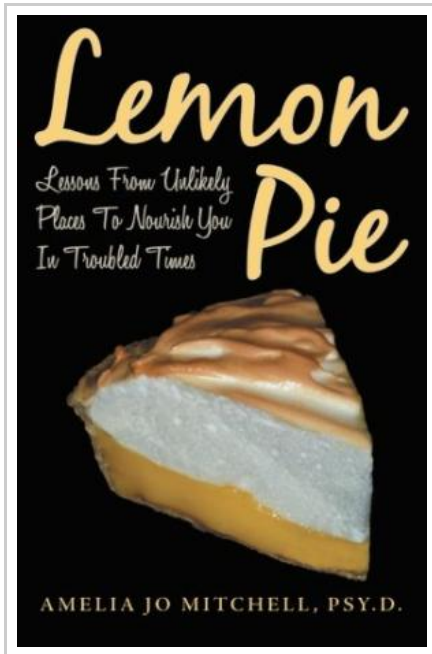




Lemon Pie: Lessons From Unlikely Places To Nourish You In Troubled Times (Paperback)

By Amelia Jo Mitchell Psy.D.

WestBow Press, United States, 2012. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.We are living in troubled times. Lest we forget, we are bombarded daily with updates and reminders of unemployment, economic worries, threats of terrorism, and war by mass media, political rhetoric, and marketing wizards who are serving their own agendas. As a citizen, mother, and psychologist who has spent hours counseling individuals and couples, I am as concerned as you are. This is not the way humans were meant to live. Evidence abounds in nature, in positive interactions with others, and even in our own bodies, but the messages are subtle, quiet. They are there; we will receive them only if we are receptive to them. I believe that each of us came into the world full of potential and promise-what I call a love story. What we do with it is our individual choice. Lemon Pie was written as a reminder of a more joyous way to live and an antidote to messages expounding individualism, greed, and blame. Presented in brief, two- to four-page vignettes, each shares a lesson about compassion, forgiveness, or being our own...



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