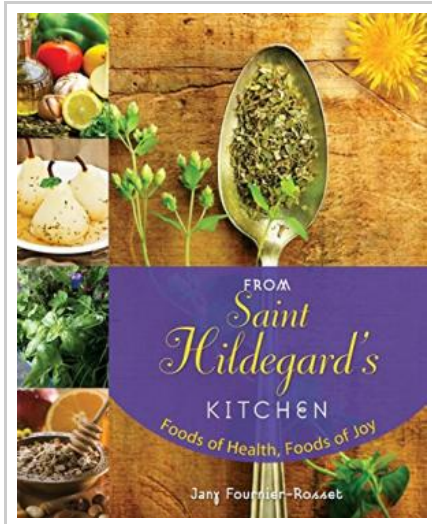




From Saint Hildegards Kitchen: Foods of Health, Foods of Joy

By Jany Fournier-Rosset

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