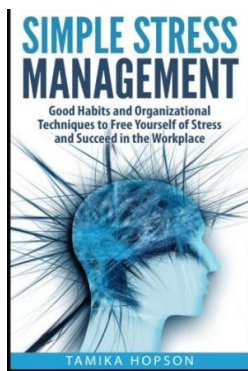


Simple Stress Management: Good Habits and Organizational Techniques to Free Yourself of Stress and Succeed in the Workplace



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